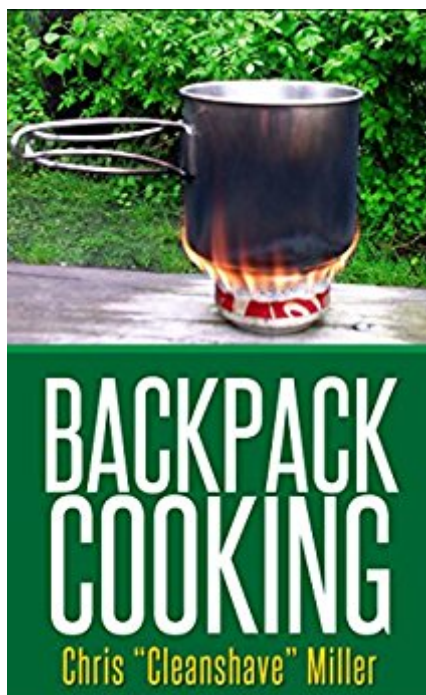


The book was found

Backpack Cooking: Outdoor Cooking For The Adventure Traveler



Synopsis

BACKPACK COOKING is the definitive mealtime guide for the long distance hiker, touring cyclist or any traveler living out of their backpack or panniers. This guide will help you prepare simple, cheap and delicious meals, each loaded with the calories your body needs to make it to your next resupply, and specifically designed for easy preparation with readily accessible ingredients. These aren't complicated recipes requiring a multitude of ingredients or excessive pots and pans â " things no thru hiker would have room for in their pack. In fact, most recipes and meal ideas can be prepared in a single cup or pot, even a freezer bag or thermos if you choose! So whether you are setting out on your first true hike or gearing up for your millionth long-distance bicycle tour, be sure to get the most out of your adventure by preparing tasty meals on any budget. Read BACKPACK COOKING today!

Book Information

File Size: 2888 KB

Print Length: 97 pages

Simultaneous Device Usage: Unlimited

Publication Date: December 16, 2015

Sold by:Â Digital Services LLC

Language: English

ASIN: B019H2JN9A

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #103,059 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #17

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Short Reads > Two hours or more (65-100 pages) > Travel

Customer Reviews

While it is not a "cookbook", as it doesn't really have many recopies, It does have A LOT of good tips and tricks. This will always be a great go to book.

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